

Reason for visit: _____

When did pain begin? _____

How did pain begin? _____

Describe the symptoms: (Circle all that apply)

*Sharp pain *Dull pain *Stabbing pain *Numbness *Tingling *Ache

*Other (describe): _____

Describe the frequency/duration of symptoms: (Circle all that apply)

*All night *Morning *Afternoon *Evening *Daily *Weekly *Monthly

*Other (describe): _____

Review of systems: Please circle any symptoms that apply to you.

Cardiovascular: Heart palpitations * High blood pressure * Chest pain * Calf pain * Other: _____

Respiratory: Trouble breathing * Asthma * Shortness of breath * Smoking History: (length of time) _____

Gastrointestinal: Digestive problems * Ulcers * Reflux (GIRD) * Nausea * Other: _____

Genitourinary: Painful urination * Changes in urination color/frequency * Painful coitus * Other: _____

Neurological: Trouble concentrating * Numbness * Headaches * Tremors * Other: _____

Psychiatric: Depression * Hallucinations * Schizophrenia * Memory loss * Other: _____

Endocrine: Menstrual problems * Night sweats * Diabetes * Thyroid dysfunction * Other: _____

Hematological: Bruising easily * MRSA * Anemias * Swelling in legs * Other: _____

Allergic/Immunological: Seasonal allergies * Frequent infections * Other: _____

Eyes/Ears/Nose/Throat: Vision trouble * Hearing dysfunction * Colds/flu * Swallowing difficulty * Other: _____

Operations (list date and type): _____

Review of family history: Using the "review of systems above" as a guide, please note any pertinent family history below:

Social History: Please circle and describe all that apply to you:

Exercise: Frequency ____ per week/month * Weight training * Cardio * Sports: _____

Activities of Daily Living: Please describe all that are currently being affected by your condition:

Sleeping: _____

Exercising: _____

Job/Work: _____

Driving: _____

Family life: _____

Hygiene (bathing, dressing, teeth): _____

Signature: _____ Date: ____/____/____